

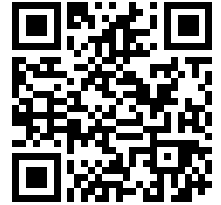
Aqua Fitness

September - December

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:45-6:30am	Deep Water Fitness - W		Deep Water Fitness - W		Deep Water Fitness - W	
6:30-7:30am	NEW CLASS! PYo - L		NEW CLASS! PYo - L		NEW CLASS! PYo - L	
8:00-9:00am	Deep Water Fitness - W	Total Body Toning - L	Deep Water Fitness - W	Total Body Toning - L	Deep Water Fitness - W	
9:00-10:00am	Water Fitness - W	Yoga - L	Water Fitness - W	Yoga - L	Water Fitness - W	Zumba - L
	Zumba - L		Zumba - L		Zumba - L	
10:00-11:00am	NEW CLASS! PYo - L				NEW CLASS! PYo - L	NEW CLASS! PYo - L
						NEW CLASS! Aqua Zumba - W
5:45-6:45pm	Yoga - L		Yoga - L			
6:00-7:00pm		Water Fitness - W		Water Fitness - W		
6:45-7:45pm	Aqua Zumba - W	Zumba - L	Aqua Zumba - W	Zumba - L		
	Total Body Toning - L		Total Body Toning - L			

W - Water Class & L - Land Class

Classes are included with admission and memberships. The schedule will be posted monthly, with copies available at the front desk. We are always open to class suggestions! Like us on Facebook to stay updated on any last minute class changes or cancellations. Thanks!



Scan w/camera phone

Aqua Fitness Class Schedule

CA\$4 / week

Class schedule for Aqua Fitness from September to December. Includes various fitness classes with times and days.

from [Big Baby Film Rentals](#) in Vancouver, BC

Size 8" w x 10" h

Qty 1

Condition Excellent

SKU PO0811-D1-BLTN05

Questions? Call (778) 773-3563

or email bigbabyfilmrentals@gmail.com

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